



# Perks of the Park

Life at Quorum, it's awesome!





#### Get yours without leaving the park

Located on the ground floor of our Q5 building, Pure Gym at Quorum Park offers all the latest gymn equipment and over 50 free fitness classes. 24 hours of access and contract free.

Quorum Staff members receive a 10% discount and no joining fee.



Onsite PureGym received a 4.2 star rating



1 in 4 survey respondents were gym members!

You don't need to stick to the gym though, we also have onsite sports courts, an onsite basketball hoop, table tennis and outdoor gym equipment.

Join one of our free Yoga classes or nourish the mind with personal development courses delivered through the Q Learning programme.

Content updated to reflect results of our 2023 staff survey







# Mmmm, lunch...

### From a quick bite on the run to relaxed dining, we've got it on your doorstep.

Grab a fresh and tasty lunch from Greggs, enjoy a glass of wine and a bespoke deli sandwich on the sunny terrace outside of Eat@ Cafe and Gift Shop, pick up an authentic pizza/pasta from Circo Italian Kitchen or grab some delicious oriental food from Umai Mi Bento Box.

There are also regular visits from local street food vendors. Treat yourself, don't work hangry.



The onsite retail received a 4 star rating



4 different restaurants to choose from

"The team offer a great selection of activities/offers to cater for a wide range of people at the park. I love the Christmas market and hopefully this will get bigger and better as it continues. Well done for everything you do, particularly in such difficult times and can't wait for us all to be back again".

Carrie Hush, Rewards & People at Greggs PLC





#### (Or dominate lunchtime ping-pong)

Our outdoor table tennis is situated on the Boules Court in between the Neon and Q11 building.

We also have a table that can be moved around the park that is suitable for both indoor and outdoor use. In the summer months the table is usually situated outside the Sports Courts. The table, bats and balls can also be hired free of charge for tenant events.

The Quorum Hub offers a free 'Ride Before You Buy' scheme, giving you the opportunity to borrow one of our pool bikes for up to one month.

This way you can see if cycling would be a suitable means of transport for you to travel to and from work without having to invest in a bicycle. Our fleet is made up of 6 eBikes, 4 standard bikes a folding bike and even a cargo bike.

Giant chess and draughts boards are located in communal areas across the park from March until October.

You can borrow giant Connect 4 and Jenga sets from The Hub free of charge.







# It's happening! Quorum's calendar of events fits your working life perfectly.

There are lunchtime classes, evening courses and big one-off events, all designed to stimulate mind and body, and provide a great opportunity to socialise with friends, old and new. There is something for everyone to get involved in, so take a look at our fully packed calendar of event online. You can even hire our private BBQ area for team events or pre order meals at our monthly food pop ups.



75% of staff questioned have attended at least one Quorum Park event - with many attending more than one



Our most popular events being monthly food pop ups, our Christmas Market and Summer BBQs

"Great place to work, love how they make an effort to include everyone. Friendly welcoming staff, lovely bright open spaces, impressive office park"

David Brown, Concept



#### Go Green

We want to create a pleasant and sustainable environment where people, animals, plants and businesses can all thrive.

Our Allotment and Community Garden offers staff the chance to learn about sustainable gardening practices in a space designed to coexist with nature.

With numerous wildflower meadows, a protected conversation area and a stream – we're so much more than a normal office park.

With two full time landscapers based onsite, our ambitious rewildling programme and pollinator planting gives nature the front seat, while our active travel plan helps commuters make greener choices when traveling to the park.

Our sustainability working group have worked on a number of projects together, including rolling out Carbon Literacy Training Across Site.

Meanwhile our Q Learning programme has educated individuals on a wide array of environmental and social issues, including the sustainable development goals, neurodiversity in the workplace and recycling best practice.





#### On Offer

## There are over 100 local discounts to be found using the Q Card discount scheme.

From bars and restaurants to family days out, you'll be spoilt for choice! Download the Quorum Park App and find the Q Card as a utility button and enjoy discounts today.



68% of the park is signed up to the Q Card



Food & Drinks offers are the most popular offer

Other functions within the Quorum Park App include:



Booking our meeting rooms



Ordering food from the retail



**Hiring Pool Bikes** 



Latest news and events

"Easy to book facilities and host team are extremely helpful. The space is well maintained and a lovely space to hold a meeting"







#### **Balance life**

Yes, parents work too. Balancing your work and family commitments is hard enough without having to rush between your childcare provider and the office.

That's why we've got an on-site nursery. Kids 1st, a 108 place nursery, right in the middle of the park.

Split into rooms depending on age group and level of development. Each room leads directly to a spacious, enclosed garden, where children can get as much fresh air and exercise as desired.

#### Outstanding features include:

- CCTV and fingerprint security.
- Delicious home-cooked food prepared by the nursery's dedicated chef.
- Modern language and music and movement lessons.
- Complimentary coffee to go breakfast service for parents!



Onsite nursery kids 1st recieved a 5 star rating for staff who used it



Quorum Park staff recieve 5% discount on their services

